



## MOVE IN CHECKLIST

### CLOTHING – 5-10 outfits

Write their name in anything that leaves the apt.!

- Shirts
- Pants
- Underwear (panties, bras, t-shirt, boxers, etc.)
- Socks
- Pajamas
- Robe
- Light jacket
- Shoes
- Slippers

### BEDROOM

- 2-3 sets of sheets
- Mattress protector
- Pillows
- Blanket
- Bedspread
- Throw blanket
- Alarm clock
- Radio
- Lamps

### LIVING ROOM

- Clock
- TV and remote
- Lamps
- Books/Magazines
- Paper/pens
- Telephone and charger
- Art and family pictures

### KITCHEN

- Paper towels
- Dish soap and sponge
- Trash can and liners
- Any appliance as long as it has an auto off switch (no hot plates!)
- A few cups, plates, bowls, glasses, forks, spoons, knives (avoid anything breakable)
- Any food or beverages they might like to have available (be sure to label with expiration date)
- Zip loc bags for snacks and left overs
- Tupperware containers for left overs



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### BATHROOM

- Toilet paper (may be supplied by community)
- Kleenex
- Toothbrush/toothpaste and holder
- Hand mirror
- Shower cap
- Soap
- Shampoo and conditioner
- Body Lotion
- Deodorant
- Electric razor and shaving supplies
- 2-3 sets of bath, hand, and face towels
- Incontinence products and wipes
- Brush and comb
- Dentures (including case and cleaning supplies)
- Shower chair
- Toilet seat riser
- Small trash can and liners
- Shower curtain and liner
- Small cup
- Soap dish or dispenser
- Laundry basket (write their name on it)

### OTHER HELPFUL THINGS

- Hangers (Plastic)
- Eye glasses and case
- Magnifying Glass
- Pocketbook (label it)
- Wallet
- Hearing aid and charger
- Medicine – give to nurse (including vitamins, aspirin, etc.)

### WHAT NOT TO BRING

- Candles or anything with a flame
- Extension cords (unless approved by staff)
- Cash (some may be left with Director)
- Any Valuables (jewelry, art, rugs, etc.)
- Anything fragile (figurines, glass, etc.)

### ANYTHING ELSE

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